GARDEN *of* AYDEN

BY SUKAIYNA GOKAL



SCINTILLA

A Piece of Peace · The Spark Within

INDEPENDENT STORYTELLING PROGRAMME

A personal storytelling invitation for students

Scintilla

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An invitation, not a course

Scintilla is an intimate journey of self-reflection through original storytelling. It invites each student to explore a story of their own choosing and discover the spark of light within it: a gem of wisdom that may have been waiting quietly to be recognised.

There are no prescribed topics, classroom writing prompts, online lessons or teacher-directed interpretations. Each student is the author of their own journey. The story may draw on lived experience, imagination or a blend of both. It need not reveal anything the writer wishes to keep private.

Your companion: The Human TOUCH

Every participating student is invited to receive a complimentary authorised digital copy of The Human TOUCH: A Mirror for Self-Reflection by Sukaiyna Gokal. The book is a companion, not a textbook to be tested on. Its five values, Tolerance, Openness, Unity, Collaboration and Harmony, offer gentle perspectives to contemplate, never a formula to follow or a conclusion to reach.

Students are also welcome to weave words or short quotations from The Human TOUCH into their own stories wherever those words resonate with them. They may draw upon the book in whichever way feels meaningful within the context of their narrative, allowing its wisdom to accompany, rather than direct, their own voice. When quoting, they should acknowledge The Human TOUCH and its author, Sukaiyna Gokal.

An invitation to be inspired

Before beginning, students are warmly invited to read the Scintilla Poem, the Prologue and the Scintilla stories already written. These are offered simply as inspiration, to experience how a story can carry its own light and wisdom. They are not models to copy, questions to answer or paths to follow. Every student remains free to discover their own story, in their own way.

The simple creative framework

YOUR TITLE	Choose a title that belongs to your story.
YOUR NAME OF LIGHT	Select a character name whose meaning is connected to light, using the Scintilla Names of Light collection. The name may belong to the storyteller or the central character.
YOUR STORY	Write independently, in your own voice, without prompts or prescribed subject matter.
YOUR STRUCTURE	Foreword, Main Story, Epilogue. These are gentle signposts rather than rigid instructions.
YOUR LENGTH	Suggested writing parameter: 1,500–3,000 words in total. This is a proposed range to confirm with the participating school, not a fixed existing rule.
YOUR SCINTILLA	Allow the spark, insight or gem of wisdom to emerge naturally. It does not need to be explained, labelled or made artificially positive.
YOUR CHOICE	Decide whether the completed story remains personal or is offered for possible inclusion in the future Global Library of Scintilla Stories.

A story is a gift

Scintilla is not about finding the "right" answer. It is about discovering what becomes visible when we give our own experience the gift of attention. A small spark may illuminate a new perspective; a story may become a piece of peace, first for its writer and perhaps, one day, for someone else.

Find your light. Write your story. Let its wisdom unfold.

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